

DeSenze Dentistry Newsletter

**INVISALIGN SPECIAL
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Special! Full mouth X-rays, Dr. Exam,
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Why Should I Get Implants Instead of Bridges?



Free as a Bird
1000 West 1st St. Pompano Beach
<http://www.pompano.com>



Unfortunately, some of us grew up in towns that got fluoridated water after our permanent teeth developed. Did you lose a permanent molar to decay in your 20's, which resulted to a bridge that had to be replaced several times in subsequent decades, ultimately as a four-part apparatus.

As much as I advise my patients to floss and clean properly under their bridge and between the supporting crowns, they are more susceptible to periodontal infection. "This is not how I recommend restoration nowadays. A bridge is not a permanent solution and makes it too hard for most people to keep their gums and underlying bone healthy. Now I recommend implants and individual crowns where needed." In an overwhelming majority of cases, implants to replace lost teeth are by far the best long-term solution for maintaining a healthy mouth. Also, because they rarely need to be replaced, in the long run they are more economical than bridges.

Implants for replacing lost teeth have come a long way in the last 27 years I have been practicing dentistry. Better materials, procedures and professional experience result in far fewer problems than occurred in the early years of implants. Critical to their success, however, you have to make a commitment to good oral hygiene. Dental implants must be treated like natural teeth: kept clean and free of plaque through proper brushing, flossing and periodic professional cleanings.

"Bridges are not the standard of care anymore." "For most of my patients who lose teeth, implants are the treatment of choice." Implants do not decay, and adjacent healthy teeth do not require crowns to support them. Many of my patients love the fact that it is easier to clean and floss between the implants, and the gum tissue and underlying bone are more likely to remain healthy. With a bridge, if one of the supporting crowned teeth breaks or develops decay or nerve damage, the bridge and its three or more crowns must be removed and replaced. Implants can replace individual lost teeth or many teeth in a row. For those who have lost most of their

teeth, implants can be used to anchor a full or partial denture. The placement of implants require several steps over a period of time ranging 3 months to over 1 year depending on your specific needs.

The Procedure

Here are some steps followed for implant therapy:

1. The implant is inserted into the jawbone and allowed to heal for several months.
2. A post is attached to heal to the implant and a temporary artificial tooth is used.
3. A permanent tooth is attached after all healing is completed.

MEET Dr. Phil

At DeSenze Dentistry, our priority is to deliver quality dental care to informed patients, with an emphasis on prevention, while taking into account your oral and overall health. When you are experiencing dental problems, you need a dentist who is **experienced, sympathetic and cares** about your needs.

Specializing in full mouth reconstruction, porcelain crowns and dental implants. Please call us today and schedule an appointment to discuss any concerns you may have absolutely free. I am a dentist who is supported by an experienced and friendly, professional staff, who can advise you on the best ways to maintain and improve your oral health and appearance.

On a personal note....

I received my pre-dental my pre-dental undergraduate B.S. And Postgraduate D.D.S. Degrees from Ohio State University. I have been practicing dentistry since 1986, and specialize in general and cosmetic dental services.

I currently live in coral springs with my wife, Anna and two daughters, Alexa and Maria. I enjoy golfing and relaxing on the beach. I am an absolute sport nut! I enjoy every sport, but my true passion is college football and college basketball. **Go Bucks!**

DeSenze Dentistry is located approximately 0.5 miles west of North Federal Highway/US 1 on East McNab Road in Pompano Beach.

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